

Appointment date:

Diagnosis:

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Management plan:

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Follow up:

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## take home information...

For more information about your diagnosis and support:

- Visit [forwardwithdementia.au](http://forwardwithdementia.au)
- Visit [dementia.org.au](http://dementia.org.au)
- Call the National Dementia Helpline 1800 100 500

People with dementia and carers benefit when they get support immediately after diagnosis.

**Talk to your GP** about getting a care plan to help you stay healthy and better manage dementia symptoms.

**Get support services.** For more information contact:

- [myagedcare.gov.au](http://myagedcare.gov.au) 1800 200 422 (for 65+ years)
- [ndis.gov.au](http://ndis.gov.au) 1800 800 110 (for under 65 years)
- [carergateway.gov.au](http://carergateway.gov.au) 1800 422 737